



SAT-SUN 4/1-4/2

ULTIMATE

STRESS RELIEF

WEEKEND (ELKTON, MD)

A Life-Changing Two-Day Weekend Retreat

Take advantage of this opportunity to spend two full weekend days in April, learning how to eliminate stress without managing it. Learn to master your emotions, reduce stress in relationships, eliminate 50% or more of job-related stress and much more.



Dr. Mort Orman, M.D. is a physician, author, wellness consultant and one of America's leading stress elimination xperts. Don't miss this opportunity to learn from him, up close and personal, in this relaxed and peaceful setting.

**Eliminate Anger,
Frustration, Worry
And Other Types
Of Stress...**

**Without Stress
Management !!**

**Improve Your
Relationships!**

**Protect Your
Health!**

**Live Stress-Free
Now And Forever!**

ELK FORGE INN & SPA ALL-INCLUSIVE

Meals Both Sat-Sun
Room Sat Night
Life-Changing Training
\$497 Couple | \$397 Single

To Register visit:

DocOrman.com/weekendretreat